

# DISCOVERING BUDDHA

## Lessons for Primary School

This rich compendium of stories, meditations and creative activities will engage both teachers and students in learning about Buddhism and in developing greater self-awareness, wisdom and compassion.

This Resource contains information about:

- 🕒 basic teachings of Buddhism
- 🕒 the life of the Buddha
- 🕒 the Jataka Tales and other stories of virtuous actions
- 🕒 meditation
- 🕒 special days and festivals
- 🕒 and many other fun activities.

The classroom strategies in *Discovering Buddha* complement the Victorian Essential Learning Standards (VELS), in particular Personal Learning, Interpersonal Development and Thinking Processes.

For further information on this Resource, orders and for training from our Buddhist teachers in how to use, please contact: [educationinfo@bcvic.org.au](mailto:educationinfo@bcvic.org.au) or visit the website [www.bcvic.org.au](http://www.bcvic.org.au)

This Resource has been sponsored by the Victorian Multicultural Commission.



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